



Westwood Unified School District

**FREE BREAKFAST
AND LUNCH FOR
ALL STUDENTS**



Monday

Tuesday

Wednesday

Thursday

Friday

	1 <u>Breakfast</u> - Muffin <u>Lunch</u> - Chili Cheese Tots fruit, milk	2 <u>Breakfast</u> -pancake wrap <u>Lunch</u> - Corn Dog veggie, fruit, milk	3 <u>Breakfast</u> -Yogurt <u>Lunch</u> - Chicken Noodle Soup salad, fruit, milk	4 <u>Breakfast</u> -cereal <u>Lunch</u> - Cheese Pizza Veggie, fruit, milk
7 <u>Breakfast</u> - Muffin <u>Lunch</u> - Chicken Tetrazzini veggie, fruit, milk	8 <u>Breakfast</u> - cereal <u>Lunch</u> - Ham & Cheese Sub veggies, fruit, milk	9 <u>Breakfast</u> - Waffle <u>Lunch</u> - Chicken Nuggets veggie, fruit, milk	10 <u>Breakfast</u> -Yogurt <u>Lunch</u> - Stromboli Veggie, fruit, milk	11 
14 <u>Breakfast</u> - Muffin <u>Lunch</u> - Mac & Cheese veggie, fruit, milk	15 <u>Breakfast</u> - cereal <u>Lunch</u> - Taco Burger veggie, fruit, milk	16 <u>Breakfast</u> - French Toast <u>Lunch</u> - Pig in a Blanket potatoes, fruit, milk	17 <u>Breakfast</u> - Yogurt <u>Lunch</u> - Chicken & Rice Soup salad, fruit, milk	18 <u>Breakfast</u> -cereal <u>Lunch</u> - Cheese Pizza Veggie, fruit, milk
 <p>Thanksgiving Break No School</p>				
28 <u>Breakfast</u> - Muffin <u>Lunch</u> - P B J 's veggies, fruit, milk	29 <u>Breakfast</u> - cereal <u>Lunch</u> - Ham & Cheese Sub veggies, fruit, milk	30 <u>Breakfast</u> - Waffle <u>Lunch</u> - Chicken Quesadilla veggie, fruit, milk	<p>All meals include whole grains, fruits, and choice of 1% or FF Chocolate Milk</p> 	