

Westwood Unified School District



Monday

Tuesday

Wednesday

Thursday

Friday

			<p>1 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Beef & Cheese Burrito</p> <p>Veggie, fruit, milk</p>	<p>2 <u>Breakfast</u> Yogurt Parfait</p> <p><u>Lunch</u>-Chicken Nuggets</p> <p>veggie, fruit, milk</p>
<p>5 <u>Breakfast</u> Muffin</p> <p><u>Lunch</u>- Pig in a blanket</p> <p>Veggie, fruit, milk</p>	<p>6 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Turkey Sub</p> <p>veggie, fruit, milk</p>	<p>7 <u>Breakfast</u>-Egg Muffin</p> <p><u>Lunch</u>- Soft taco</p> <p>Chips & Salsa</p>	<p>8 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Chicken Noodle Soup,, Roll</p> <p>Veggie, fruit, milk</p>	<p>9 <u>Breakfast</u>- Muffin</p> <p><u>Lunch</u>- Chili Cheese Fries</p> <p>veggie, fruit, milk</p>
<p>12</p>	<p>13 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Mac & Cheese</p> <p>veggie, fruit, milk</p>	<p>14 <u>Breakfast</u>-Waffle</p> <p><u>Lunch</u>- P B J 's</p> <p>Veggie, fruit, milk</p>	<p>15 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Turkey Sub</p> <p>veggie, fruit, milk</p>	<p>16 <u>Breakfast</u>- Muffin</p> <p><u>Lunch</u>- Corn Dogs</p> <p>veggie, fruit, milk</p>
<p>19</p>	<p>20 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Chicken & Rice Soup, Roll</p> <p>Veggie, fruit, milk</p>	<p>21 <u>Breakfast</u>-French Toast</p> <p><u>Lunch</u>- Chicken Quesadilla</p> <p>Chips & Salsa</p>	<p>22 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Hamburger</p> <p>Veggie, fruit, milk</p>	<p>23 <u>Breakfast</u>- Muffin</p> <p><u>Lunch</u>- Stromboli</p> <p>Veggie, fruit, milk</p>
<p>26 <u>Breakfast</u> Muffin</p> <p><u>Lunch</u>-Chicken Nuggets</p> <p>veggie, fruit, milk</p>	<p>27 <u>Breakfast</u>-Cereal</p> <p><u>Lunch</u>- Cheese Pizza</p> <p>Veggie, fruit, milk</p>	<p>28 <u>Breakfast</u> Pancake</p> <p><u>Lunch</u>- Pig in a blanket</p> <p>Veggie, fruit, milk</p>	<p>29 <u>Breakfast</u>- Cereal</p> <p><u>Lunch</u>- Spaghetti</p> <p>veggie, fruit, milk</p>	<p>1% White & FF Chocolate milk included in all meals</p>